Japan and America Sweet Tooth: A comparison of university students' opinions on sweet shops

Nicole Alexandra Saldaña

Advisors:

Dr. Yoshiko Saito-Abbott Dr. Shigeko Sekine



Outline

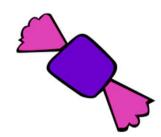
- Significance of Study
- Research Questions
- Research Background Outline
 - Sugar & Sweets History
 - Sugar Consumption
 - Sweet Market Success
 - Cultural Views
 - Sweet Buying Influences
- Research Method
- Survey Findings
- Conclusion
- Discussion
- Bibliography & Media Resources



Significance of the Study

- □ For the past five years, I have run a small business with my sister selling customized orders of cupcakes.
- ☐ Kept in mind the possibility of going international with my business
- I have studied Japanese culture for a long time
- The Japanese are very keen to small details, Americans do bigger projects
- ☐ Researched how University students view these type of businesses











Research Questions

- How do both cultures perceive sweet shops?
- 2. What influences these sweet shops' success?



Research Background Outline

- a) Sugar & Sweets History
- b) Sugar Consumption
- c) Sweet Market Success
- d) Cultural Views
- e) Sweet Buying Influences



a) Sugar and Sweet History

8th Century

Sugar
 Introduced

14th 17th Century

 Only for medicine/rich people

18th Century

Land cultivated for sugar

19th Century

First sugar refinery opened













Silco

Late 15th Century

 Sugar Introduced

17th Century

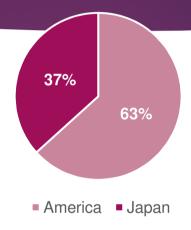
- Land cultivated for sugar
- First sugar refinery opened

Although Japan was introduced to sugar centuries' before America, America moved faster to cultivate it and refined sugar cane to sugar for daily use.

(Aaseng, 2005, Nagai, 2003)

b) Sugar Consumption (SC)

Sugar Consumed per person by Country



- □America's population is 320 million, compared to Japan's population of 127 million.
- □America consumes 10,192,396,051kg of sugar (31.9 kg per person), versus Japan consuming 2,351,412,752kg (18.5kg per person)
 - America consumes almost 2X per person more than Japan!
 (Nagai, 2003)

c) Sweet Market Success

America	Japan
□ \$28 Billion in retail sales (2008)	□ \$9.1 billion (2008)
(Largest market in the world)	(Largest market in Asia)
~.19% (.192%) of total GDP (\$14.58 trillion, 2008)	~.19% (.187%) of total GDP (\$4.849 trillion, 2008)

*However! In respect to their GDP(Gross Domestic Product), both countries do the same in sweet retail sales!

("United States Confectionery Market January 2009", 2014, "Japanese Confectionery Market Overview", 2010, "Japan - Gross domestic product (GDP) 2014 | Statistic", n.d., US Real GDP by Year., n.d.)

d) Cultural Views

America	Japan
☐ Used to hearing "sucrose" and "high-fructose corn syrup" are bad for your health	□ Have restrained sweetness flavor; liked more for appearance rather than flavor itself
☐ Globally known as the "sweetest" country	■ Buy sweets as a reward for doing something good; also as a luxury
See sweet shops as higher priced than other stores	Sweets also represent seasons well, giving more variety

(Drewnowski, A., & Levine, A. S., 2003, "和菓子を育てた日本独自の砂糖「和三盆」を訪ねて", Nippon.com, 2015, 村上, 陽子, 2009)